

## **COVID-19 BENEFITS & RESOURCES FOR INDIVIDUALS**

### **Federal Resources & Benefit Programs for Individuals:**

***Employment Insurance Benefits*** if you're temporarily laid off:

<https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html>

***Canada Emergency Response Benefit*** if you're ineligible for Employment Insurance:

<https://www.canada.ca/en/services/benefits/ei/cerb-application.html>

***Employment Insurance Sickness Benefits*** if you're ill:

<https://www.canada.ca/en/services/benefits/ei/ei-sickness/apply.html>

**Increased *Canada Child Benefit*** if you have children:

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/canada-child-benefit-overview/canada-child-benefit-apply.html>

***Indigenous Community Support Fund:***

<https://www.sac-isc.gc.ca/eng/1585189335380/1585189357198>

***Mortgage Deferral Options*** for Homeowners:

<https://cba.ca/mortgage-deferral-to-help-canadians-experiencing-financial-hardship-due-to-covid-19>

***Deferral of Income Tax Returns*** for Individuals:

<https://www.canada.ca/en/revenue-agency/campaigns/covid-19-update.html>

### **BC Provincial Resources & Benefit Programs for Individuals:**

***BC Emergency Benefits*** of \$1,000 for those on EI and CERB:

<https://www2.gov.bc.ca/gov/content/employment-business/covid-19-financial-supports/emergency-benefit-workers>

BC Housing ***Rent Supplement*** of \$500/month:

[https://www.bchousing.org/COVID-](https://www.bchousing.org/COVID-19?bcgovtm=20200319_GCPE_AM_COVID_4_NOTIFICATION_BCGOV_BCGOV_EN_BC_NOTIFICATION)

[19?bcgovtm=20200319\\_GCPE\\_AM\\_COVID\\_4\\_NOTIFICATION\\_BCGOV\\_BCGOV\\_EN\\_BC\\_NOTIFICATION](https://www.bchousing.org/COVID-19?bcgovtm=20200319_GCPE_AM_COVID_4_NOTIFICATION_BCGOV_BCGOV_EN_BC_NOTIFICATION)

***BC Hydro*** Deferral, Payment Flexibility Plans & Customer Crisis:

[https://www.bchydro.com/news/press\\_centre/news\\_releases/2020/bill-relief-covid-19.html](https://www.bchydro.com/news/press_centre/news_releases/2020/bill-relief-covid-19.html)

***ICBC*** Monthly Payment Plan Deferral:

<https://www.icbc.com/about-icbc/contact-us/Pages/covid-19.aspx>

***Fortis BC*** Payment Deferral:

<https://www.fortisbc.com/about-us/supporting-british-columbia-during-the-covid-19-outbreak>

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